

12PM- 2.45PM / 5PM- 8.45PM

CLASSIC OYSTER GF

SHALLOT VINAIGRETTE,
LEMON, TABASCO

1/2 DOZEN £18

DOZEN £35

STARTERS

FOCACCIA & OLIVES £9

GRILLED TIGER PRAWNS GF £13

LEMON, GARLIC MARINATED

CORNISH MUSSELS GFA £11/19

ST AUSTELL BAY, GARLIC & CREAM
OR CHILLI & TOMATO

BUFFALO CAULIFLOWER BITES VG £9

RANCH DIP

SALT & PEPPER SQUID GFA £10

PORK BELLY £12

JALAPEÑO SLAW

MAINS

NEWQUAY BAY LOBSTERS GF £POA

GARLIC BUTTER

MONKFISH CURRY GFA £26

ON THE BONE, COCONUT RICE

CRAB & PRAWN LINGUINE £23

GRATED PARMESAN

FISH & CHIPS GFA £24

PAN FRIED COD LOIN, PRESSED POTATO,
MUSHY PEAS, SAMPHIRE

SEAFOOD CAESAR SALAD £22

PRAWNS, MUSSELS, SCALLOPS,
ADD LOBSTER £10

10 OZ CORNISH RIB EYE GFA £30

PRESSED POTATO, ONION RINGS,
SHALLOT, TOMATO & BALSAMIC
SURF & TURF - TIGER PRAWNS £7

WEST INDIAN CHICKEN £23

RICE & PEAS, CORN, PINEAPPLE SALSA

AUBERGINE POKE BOWL GF, VG £19

MISO, ASIAN SLAW

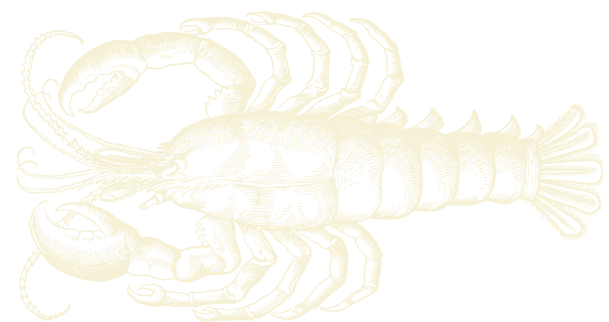
SHARERS

STEAK OF THE DAY £POA

BUTCHERS CUT, PRESSED POTATO, ONION
RINGS, SHALLOT PUREE, TOMATO & BALSAMIC

SEAFOOD PLATTER £POA

NEWLYN SELECTION OF SEAFOOD



SIDES

THREE FOR £15 INDIVIDUALLY £6

CRISPY
KALE

SEASONAL
LEAF

ONION
RINGS

MAC &
CHEESE

FRIES

ASIAN SLAW

PRESSED
POTATO CHIPS

PADRON
PEPPERS



GF

LUNCH

12 PM - 2.45 PM

PLATES

LOBSTER ROLL £18
SRIRACHA MAYO, CHIVES, BRIOCHE ROLL, FRIES

CRAB SANDWICH £18 GFA
LIGHT MAYO CRAB MIX, FRIES

FISH FINGER SANDWICH £18
TARTAR, LETTUCE, FRIES

HALLOUMI & AVO BURGER v £15
SWEET CHILLI, FRIES

CAJUN CHICKEN BURGER £16
LETTUCE, SRIRACHA MAYO, TOMATO, FRIES



v VEGETARIAN • VG VEGAN • VGA VEGAN OPTION AVAILABLE • GF GLUTEN-FREE • GFA GLUTEN-FREE AVAILABLE